

MEDICAL ZODIAC

The Human Planetary Matrix

A Common Language of Astrology and Medicine

Talia Galperina, MD, PhD Anticipated

Publication: October 15, 2026

CAN ASTROLOGY AND MEDICINE SPEAK THE SAME LANGUAGE?

Medical Zodiac introduces the **Human Planetary Matrix**, an original framework that brings the symbolic language of astrology into dialogue with the functional organization of the human body.

Drawing on her background as a physician and researcher, Talia Galperina explores twelve zodiacal archetypes alongside twelve functional

systems of human physiology. The four classical elements—Fire, Earth, Air, and Water—are presented as four organizing patterns, while the seven classical planets provide an additional layer connecting central regulation with bodily function.

Rather than treating astrology and medicine as competing explanations, *Medical Zodiac* asks whether these two ancient and modern languages can illuminate different dimensions of the same human architecture.

THE HUMAN PLANETARY MATRIX

At the center of *Medical Zodiac* is a simple organizing idea:

12 Zodiac Archetypes — 12 Functional Systems

4 Elements — 4 Functional Mechanisms

7 Classical Planets — 7 Organizing Principles

The resulting model moves from individual zodiac signs toward an integrated view of the human organism.

The Four Elements

FIREImpulse → Rhythm → Renewal

EARTHStructure → Perception → Analysis

AIRRegulation → Movement → Coordination

WATERInternal Environment → Transformation → Protection

Together, these four functional triads form the physiological foundation of the Medical Zodiac.

WHAT MAKES MEDICAL ZODIAC DIFFERENT?

Medical Zodiac is neither a conventional horoscope book nor a medical textbook.

It presents astrology as a symbolic architecture through which patterns of regulation, perception, movement, structure, transformation, and protection can be explored alongside human physiology.

Illustrated diagrams throughout the book make this architecture visible, moving from the twelve signs and four elements to the seven-planet organization of the **Human Planetary Matrix**.

The book is written for readers interested in astrology, mind-body relationships, symbolic systems, human physiology, and new interdisciplinary approaches to understanding the human being.

ABOUT THE AUTHOR

Talia Galperina, MD, PhD, is a physician, psychiatrist, and researcher whose work has crossed medicine, immunology, neuroscience, and psychiatry.

She received her medical education at the First Moscow Medical Academy and completed doctoral research in immunology at the Institute of Carcinogenesis in Moscow. After continuing her medical career in the United States, she completed psychiatry residency training at Westchester Medical Center and a fellowship in child psychiatry at St. Luke's-Columbia. She later served as an Assistant Professor of Child Psychiatry at Mount Sinai and has maintained a private psychiatric practice in New York.

Medical Zodiac grew from her long-standing interest in finding a common structural language between human physiology and astrological symbolism.

POSSIBLE INTERVIEW & FEATURE TOPICS

Can Astrology and Medicine Speak the Same Language?

The Human Planetary Matrix: A New Way of Looking at the Zodiac

Why the Four Elements May Be More Than Personality Types

From Twelve Zodiac Signs to Twelve Functional Systems

The Seven Classical Planets and the Architecture of the Human Body

What a Physician Sees When Looking at the Zodiac

MEDIA & REVIEW INFORMATION

Title: *Medical Zodiac* **Subtitle:** *The Human Planetary Matrix* **Author:** Talia Galperina, MD, PhD

Publication: Anticipated October 15, 2026

Language: English**Format:** Print and eBook

Advance review PDF available upon request.

Available for:

**Book Reviews · Interviews · Feature Articles ·
Podcasts · Guest Essays · Excerpts**

High-resolution cover artwork, author photograph, and selected illustrations are available for editorial use.